

STATESVILLE AVENUE
PRESBYTERIAN CHURCH USA
3435 NEVIN ROAD
CHARLOTTE, N. C. 28269

August 1, 2023



OFFICE HOURS

Pastor Blackmon's office hours are Tuesdays &
Wednesdays 9:00 a.m. – 2:00 p.m. 704-596-4550 -
Office

704-493-7251 – Cell

"Pastor Blackmon can be reached at any time by
cell-phone."

Daily Scripture Readings for August 2023 God's

Pastor Gary S. Blackmon delivered 4 Sunday
messages for the month of July 2023. James Rogers,
Jr., Director of Music played piano and organ for the
month. Rev. Dr. Edward Newberry delivered our
Sunday, July 23rd message.

July 2nd

Liturgist: Barbara Carr

Scriptures: Traci Grier

Deacons on Duty: Charles Sammons, Jr., Laura
Wallace

July 9th

Saving Word: Encouragement

- 1 Isaiah 40:1-17
- 2 Isaiah 40:18-31
- 3 Isaiah 43:1-13
- 4 Isaiah 44:1-20
- 5 Isaiah 51:1-16
- 6 Isaiah 52:1-12
- 7 Philippians 1:1-30
- 8 Philippians 2:1-30
- 9 Philippians 3:1-21
- 10 Philippians 4:1-23
- 11 1 Thessalonians 1:1-10
- 12 1 Thessalonians 2:1-16
- 13 1 Thessalonians 2:17-3:13
- 14 1 Thessalonians 4:1-18
- 15 1 Thessalonians 5:1-28
- 16 2 Thessalonians 1:1-12
- 17 2 Thessalonians 2 1-17

Liturgist: Barbara Carr

18 2 Thessalonians 3:1-18 19 1 Timothy 1:1-20

20 1 Timothy 2:1-15

21 1 Timothy 3:1-16

22 1 Timothy 4:1-16

23 1 Timothy 5:1-25

24 1 Timothy 6:1-21

25 2 Timothy 1:1-18

2 Timothy 2:1-26

27 2 Timothy 3:1-17

28 2 Timothy 4:1-22

29 Titus 1:1-16

30 Titus 2:1-15

31 Titus 3:1-15

Deepest Sympathy

Scriptures: Harriett Davis

Deacons on Duty: Laverne Sanders, Laura Wallace
July 16th

Liturgist: Barbara Carr

Scripture: Belle Dunn

Deacons on Duty: Stephanie Walker-Williams,
Charles Sammons, Jr.

July 23rd

Liturgist: Barbara Carr

Scripture: Rev. Dr. Edward Newberry
Deacons on Duty: Jackie Wall, Christina Bullock

Our Deepest Sympathy and heartfelt thoughts are with the Joseph Davis Butler family at this time.

Only with the passing of time will the empty space be filled once again with the fondest of memories.

HAPPY BIRTHDAY

August

Ryan Atkinson 05 Cameron Alford 08 Melanie Spears-Thomas 11 LaRonda Alford 14 Elouise Ethridge 19
Charles Sammons, Jr. 28
Dianne Dial 30



-Harriett Davis
-Elouise Ethridge
-Linnette Stinson
-George Dunlap, Jr.
-Ted Wall
-Larry Jones
-Alicia Roberts Gamble

-Loretta Gillespie/Linda

-Norva Morrison

-Adrienne Orr

-Alice Porter

-Keith Faulkner

On Tuesday, July 18th, Harriett Davis underwent a Kidney Transplant which was a success!!!! Harriett is resting comfortably at home. Please continue praying for Harriett and her family.

TREASURER

OFFERINGS ONLINE, ETC.

Family let's not forget our tithes and offerings. There is one way to give Gifts & Offerings online:

www.statesvilleavenuepresbyterianchurchusa.org

MONTHLY REMINDERS

*Tiki's Dance School – Thursdays 5:30 p.m. – 8:30 p.m.

*Church Officers Workshop 8-12-23
9:00-11:00 a.m.

*Summer Movie Series 8-19-23 from
3:00 p.m. – 7:00 p.m.

*Presbyterian Men's Breakfast, August
26th at 9:00 a.m.

*Don't forget your Per Capita Tax,
\$30.00 per year per member.

What am I? I can fill a house or fill your mouth, but you can never catch me in your hands. What am I?

WHAT DO YOU KNOW ABOUT THE START OF THE CHURCH?

Know Your Bible – After Jesus went to Heaven, His followers began to meet in homes to share meals, to pray together, and to talk about Jesus. This was the beginning of "going to church."

1. What did the first Christians pray for as they spread the good news about

Jesus? (Acts 4:29)

- a. For things to go smoothly
- b. For the King to like them
- c. For boldness to speak without fear
- d. For the ability to perform miracles

2. What does the Bible say the church is built from (Ephesians 2:19-22)

Bricks and mortar

- a. Stone and marble
- b. Prayers and songs
- c. All of God's people

Loaves and Fishes/Friendship Trays, Inc. Update

Statesville Avenue Presbyterian Church(USA) continues to expand services and to offer more support to the families served by the food pantry. We meet the food insecurity of families but are expanding services to address the non-food needs of families.

We started a toiletry ministry, within the scope of our food ministry, which provides personal care and hygiene items. We are seeking donations of toothbrushes, toothpaste, dental floss, mouth wash, soap, deodorant, lotion, shampoo, hair conditioner, combs, hairbrushes, disposable razors, shaving cream, etc. We accept donations of any individually wrapped or small quantity wrapped packages of personal care and hygiene items. Please, no bulk or large packages.

We are one of three pantries that partner with the Diaper Bank of North Carolina. This partnership allows us to provide diapers to those families in need of diapers. Diapers are available with or without a referral.

Many of the individuals and families using the food pantry receive Food Nutrition Services (FNS or food stamps). However, food stamps can only be used to purchase food items, not personal care items, diapers or other paper

products. The toiletry ministry and the Diaper Bank provide much needed items.

Statesville Avenue Presbyterian Church (USA) has operated the food pantry for 41 years. We are thankful to God for allowing the congregation to provide the services to the community. We are also thankful to those who donate nonperishable food items to the pantry.

Fred Sanders, Operational Coordinator

[Walking, Meditating, Riding Trail in our future](#)



[Woman's day -Just Pickle It!](#)

Even out-of-season crops benefit from

seasoned brine.

PICKLED CHERRY TOMATOES:

Place 8 oz. cherry tomatoes and 2 sprigs fresh tarragon in glass pint jar. In small saucepan, bring 1/3 cup each red wine vinegar and water and 1 tsp each sugar and kosher salt to a boil; pour over tomatoes. Let cool for 10 minutes, then chill. Makes 1 pint.

Game Tease

Make as many words as you can out of the letters in Presbyterian

Woman's day – Health checklist–

Exercise after a vaccination – August is National Immunization Awareness Month, but you might want to take a walk post-jab. People who exercised for 90 minutes after a flu or COVID-19 vaccine had more antibodies a month later than people who didn't. Researchers say exercise may create an environment that optimizes the body's immune response.

HOW TO BREAK IT: Review your bucket list and choose a few realistic goals. An island getaway? An Alaska cruise? As long as our income needs are covered and you have an emergency fund, aim to build your dreams into your short-term financial plan, Rappina says. "This is your time to live the life you want."

What am I Answer.

Smoke

Know Your Bible - Answer Key

1. C
2. D

Woman's day - GRATITUDE – Easy ways and-a few great reasons – to feel better about yourself and the world. By Alyssa Jung

- A. Try a loving-kindness meditation – "Send love or kind thoughts to 3 people: someone you care about, someone you may be in conflict with, and yourself." Says Judy Ho, Ph.D., a clinical neuropsychologist, and the

author of Stop Self

Sabotage: Six steps to Unlock Your True Motivation. "It's a good routine to help develop and gratitude practice. Studies show that being grateful may help decrease stress levels and lower blood pressure, two things that translate into good heart health. Practicing gratitude helps us feel more positive emotions instead of ruminating on the negative ones, and since our emotions and behaviors are all linked, this can lead to social, interpersonal, and career benefits too."

- B. Imagine an alternate reality – If you're going through a rough patch, gratitude may feel elusive. Think about things you'd miss if they didn't exist. "Start with simple comforts like your ability to get out of bed in the morning or having running water," says Ho. "Focusing on what you'd find it hard not to have can help you realize that you have things to be thankful for even when life feels tough."
- C. Engage in morning mindfulness – "One of my favorite things to do is the 'three things' exercise," says Ho. "Wake up and say out loud to yourself or someone else three things you're grateful for. If you get into the practice of doing that every day, you'll see a shift in how you view your life and in your overall outlook. It's also great to share this practice with younger family members, such as at the breakfast table or on the way to school."

EASY SUMMERTIME
MEAL PLANNING:

The Lord's Prayer

Breakfast



Lunch



Dinner



T A R D S Y D K H D
 E E O E R I I X A K
 V T M O H N M E L R
 I E L P G T R S L E
 L G J D T B A X O W
 B Q O O Y A V F W O
 R M Q L Q I T M E P
 E V I G R O F I D Q
 X A X W I L L K O G
 D L J G F H B A J N

FATHER
 HALLOWED
 KINGDOM
 WILL

DAILY BREAD
 FORGIVE
 SINS
 TEMPTATION

EVIL
 GLORY
 POWER

-The Tiki Dance School will perform Saturday, August 5th at 4:00 p.m. here at SAPC. Please come out to support, enjoy, and fellowship with this production. In addition, there will be a "Back to School Bash." – Free School Supplies, Free Food, Talk Session/Back to School Tips.

The Day of Pentecost

All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Acts 2:4 (NIV)

Based on Acts 2:1-21



X T O B P P H W G H X U E X I
 T G T F Z J V J Y I O C G M B
 Y B H J P X I L P F F U Z Z X
 L L E L E J O Z J M D E S I W
 I W R Y N H L A N G U A G E L
 S Q Z I T E Z F I L L E D A L
 J C C E E L J W H K K A Q D J
 R E G G C S F V Q A T L Q W X
 T Q S G O R W I E S O W H J M
 M D P I S H G P B O N J I V J
 F A I M T E S K J U G A R N H
 I Y R J N A B Y N N U H X K D
 R N I A E V W Q K D E E R L Z
 E L T R H E X M K Y S A P N A
 Z H O C R N S T F I A R K X K

PENTECOST	FILLED	HEAR	HOUSE	WIND
HEAVEN	FIRE	TONGUES	LANGUAGE	OTHER
DAY	HOLY	SOUND	SPIRIT	SPEAK

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**Continue Praying
for Our World!!!**